

PROFESSIONAL CATEGORY / AIR & FLUID ROWERS



## FR-E 316 FLUID ROWER - (SO)



### Specifications

- Dimension : 83.5" (L) x 31.9" (H) x 40.2" (W).
- Resistance Levels : Fluid Resistance with 16 levels.
- Power : 2 x 1.5 Volt AA size Battery.
- Monitor : Interactive Performance Monitor (IPM) with USB port. The IPM gives you quick start, manual programs, interval training, USB port allows interactive programming.
- Display Feedback : Time; Speed; Distance; Stroke rate; Calories per hour; Watts; 16 level adjustment, pacer.
- Tank : Patented twin tank design with stainless steel flywheel / impeller delivers perfect catch and consistent resistance throughout the entire stroke.
- Maximum user weight: 185 kgs .