

ACCESSORIES / CROSSFIT ACCESSORIES



BATTLE ROPE



Specifications

Benifits:

Aerofit Battle Rope is made of a tough woven nylon material. The handles are constructed of a vinyl wrap on both ends. This provides the rope with one of the most comfortable grips available on the mark and is perfect for training grip and hand strength.

Training with Aerofit woven nylon battling ropes enables users to mobilize every muscle group while developing greater metabolic endurance, core stabilization, and genuine strength. It is a simple and universal tool that develops core strength, enhances cardio and burns calories.

Available Sizes:

9 Meter's & 12 Meter's